

## **Italienische Berg- und Trailläufe 2026**

### **11. April Alpenplus Ötzi Trailrun Naturns**

30 km/ HD 2100 m, 15 km/ HD 1.150 m, 4,2 km/ HD 760 m (0.4.), [info@oetzi-trailrun.com](mailto:info@oetzi-trailrun.com), [www.oetzi-trailrun.com](http://www.oetzi-trailrun.com)

### **2. Mai Ultra Trail Mugello Badia di Moscheta (FI)**

60 km/ HD 3200 m, 43 km/ HD 2300 m, 24 km/ HD 1280 m, 12,0 km/ HD 650 m, [info@ultratrailmugello.it](mailto:info@ultratrailmugello.it), [www.ultratrailmugello.it](http://www.ultratrailmugello.it)

### **8.-10. Mai Sardinia Trail Ogliastro**

100 km/ HD 4000 m (3 Etappen/ 25,8 km/ HD +942 m/-1007 m; 42,0 km/ HD +1691 m/-1671 m; 32,0 km/ HD +1215 m/ -1165 m), [info@sardiniatrail.com](mailto:info@sardiniatrail.com), [www.sardiniatrail.com](http://www.sardiniatrail.com)

### **15.-17. Mai Garda Trentino Run Arco (TN)**

150 km/ HD 10.000 m, 62 km/ HD 3.800 m, 44 km/ HD 2.400 m, 30 km/ HD 1800 m, 12 km/ HD 700 m, [www.gardatrentinotrail.it](http://www.gardatrentinotrail.it)

### **30./31. Mai Cortina – Dobbiaco (BL)**

30 km/ 11 km, [info@cortina-dobbiacorun.it](mailto:info@cortina-dobbiacorun.it), [www.cortinadobbiacorun.it](http://www.cortinadobbiacorun.it)

### **6. Juni Dolomites SASLONG Half Marathon St. Christina (BZ)**

21 km/ HD 900 m, [info@gherdeinarunners.it](mailto:info@gherdeinarunners.it), [www.saslong.run](http://www.saslong.run)

### **12.-14. Juni Dolomiti Extreme Trail Forno di Zoldo (BL)**

103 km/ HD +-6400m (12.), 72 km/ HD +-4950 m (13.), 55 km/ HD +-3800 m (13.), 22 km/ HD +-1120 m (14.), 11 km/HD +-570 m (14.), [info@dolomititrailrunning.com](mailto:info@dolomititrailrunning.com), [www.dolomitiextremetrail.com](http://www.dolomitiextremetrail.com)

### **21. Juni Ratschings Mountain Trail Ratschings (BZ)**

27 km/ HD +1610 m/-1050 m, 17,7 km/ HD 950 m, Staffel (8,0 km/ 9,7 km), [www.ratschings-mountaintrail.it](http://www.ratschings-mountaintrail.it)

### **24.-26. Juni Lavaredo Ultra Trail Cortina d'Ampezzo**

120K (HD 5800 m, 26.6.), 100K (HD 4600 m, 27.6.), 50K (HD 2600 m, 26.6.), 20K (HD 1000 m, 25.6.), 10K (HD 200 m, 24.6.), [cris@ultratrail.it](mailto:cris@ultratrail.it), [info@cortinatrail.it](mailto:info@cortinatrail.it), [www.ultratrail.it](http://www.ultratrail.it)

### **30.Juni – 4. Juli Terra-Raetica-Trails Feichten (A) – Pfunds (A) – Samnaun (CH) – Nauders (A) – Graun (I)**

5 Etappen, 5 Tage, 3 Länder, 1. Etappe Feichten (A) 16,9 km/ HD +-1081 m (30.6.), 2. Etappe Pfunds (A) 24,3 km/ HD +-1382 m (1.7.), 3. Etappe Samnaun (CH) 15,0 km/ HD +-1268 m (2.7.), 4. Etappe Nauders (A) 26,5 km/ HD +-1608 m (3.7.), 5. Etappe Graun (I) 18,0 km/ HD +1730 m/-1120 m (5.7.), [info@terra-raetica-trails.com](mailto:info@terra-raetica-trails.com), <https://www.terra-raetica-trails.com>

**4. Juli Primiero Dolomiti Marathon San Martino Di Castrozza (TN)**

42K/ HD +1242 m/-1543 m, 26K/ HD +448/-1198 m, 16K/ +389 m/-703 m, 6.5K/ HD +267 m, primierodolomitimarathon@usprimiero.com, www.primierodolomitimarathon.it

**5. Juli Seiseralp Halbmarathon Kastelruth (BZ)**

21,097 km/ HD 601 m, info@seiseralp.it, https://running.seiseralp.it

**11. Juli Rosengarten Schlern Skymarathon Tiers (BZ)**

46 km/ HD +2980 m/-3083 m, 36 km/ HD +1908 m/-1935 m, 16 km/ HD 800 m, info@skymarathontiers.it, www.skymarathontiers.it

**18. Juli Stelvio Trail Run 21KM Prad (BZ)**

21K Trail Run (21 km/ HD 2100 m), info@stelviomarathon.it, www.stelviomarathon.it

**26. Juli Giir di Mont Premana**

32 km/ HD +2400 m, 18 km, www.giirdimont.it

**30. Juli-1. August Schnalstal Alpine Trail (SAT) Schnals (BZ)**

Ultra (58 km/ HD 3626 m/ 1.8.), Sky (29,5 km/ HD 2119 m/ 1.8.), Speed (10 km/ HD 288 m/ 1.8.), Vertical (8,3 km/ HD 1305 m/ 30.7.), saltytrailrunning.com, schnalstalalpinetrail.com

**1./2. August TriVertical + Fletta Trail Malonno (BS)**

3,5 km/ HD 1000 m, 21 km/ HD 1100 m, flettatrail.it

**2. August Stettiner-Cup Pfelders (BZ)**

9,8 km/ HD 1255 m, bergrettung-moos@rolmail.net, www.stettiner-cup.com

**23. August Memorial Internazionale Partigiani Stellina Susa (TO)**

14,3 km, adriano.aschieris@atleticasusa.it, www.atleticasusa.it

**5. September Vertical Nasego Casto (BS)**

4,945 km/ HD 1000 m, www.trofeonasegocorsainmontagna.com

**6. September Trofeo Nasego Casto (BS)**

21,45 km/ HD +1336 m/-1039 m, www.trofeonasegocorsainmontagna.com

**12. September Südtirol Drei Zinnen Alpine Run Sexten (BZ)**

17,9 km/ HD 1354 m, info@dreizinnenlauf.com, www.dreizinnenlauf.com

**12./ 13. September Misurina SkyMarathon**

Vertical 1,5 km/ HD 400 m (12.), 42 km/ HD 2700 m (13.), www.trecimeexperience.com

**10. Oktober Kilometro Verticale Chiavenna (SO)**

3,2 km/ HD 1000m, info@kilometroverticalelagunc.it, www.kilometroverticalelagunc.it

**10. Oktober Val Bregaglia Trail Chiavenna (SO)**

23 km/ HD 850 m, info@kilometroverticalelagunc.it, www.kilometroverticalelagunc.it